

GREAT START BUFFET

Oatmeal, cold cereal, yogurt, fresh fruit, arugula salad, sliced tomatoes, assorted cheese and bakery items. Includes coffee, tea or Juice ♦ 11

123 WEST BREAKFAST BUFFET

Scrambled eggs, bacon, sausage, French toast, breakfast potatoes, assorted bakery items, fresh fruit, yogurt, arugula salad, sliced tomatoes, assorted cheese and cold cereal with milk. Includes coffee, tea or juice. "eggs to order" available with buffet ♦ 15

THREE EGGS OMELET

Choice of three fillings - ham, sausage, onions, peppers, mushrooms or tomatoes. Served with hash browns and choice of toast ♦ 12

EGG WHITE SPINACH OMELET

Sautéed onions, spinach, egg whites and cheddar cheese. Served with tomato salad or substitute with a fruit cup ♦ 12

123 WEST SPECIALTY

TRADITIONAL EGGS BENEDICT

Poached eggs, Canadian bacon, Hollandaise sauce and hash browns ♦ 12

ALL AMERICAN

Two eggs to order, hash browns and choice of sausage or bacon ♦ 10

BROKEN YOLK FRIED EGG SANDWICH

Pisano bread, bacon, lettuce, grilled tomatoes and hash browns ♦ 10

EGG WHITE FRITTATA

Tomatoes, spinach, mushrooms and feta cheese. Served with salsa ♦ 12

SMOKED SALMON

Whole wheat bagel chips topped with smoked salmon, Greek yogurt, eggs, capers and daikon sprouts ♦ 12

BUTTERMILK PANCAKES

Served with warm syrup, whipped butter and berry compote ♦ 12

INFUSED FRENCH TOAST

Served with warm syrup, whipped butter and berry compote ♦ 11

MALTED BELGIUM WAFFLE

Served with warm syrup, whipped butter and berry compote ♦ 12

CORNED BEEF HASH

Poached eggs and creole mustard ♦ 12

LIGHTER SIDE

STEEL CUT OATMEAL

Served with raisins, cinnamon and caramelized pecans ♦ 6

MARKET FRUIT & BERRIES

Greek yogurt topped with seasonal fruits and almonds in a cherry-honey essence ♦ 5

EXTRAS

COLD CEREAL

Cheerios, granola, Special K and Corn Flakes ♦ 5

ASSORTED JUICES & MILKS

Orange, Cranberry, Apple, Grapefruit and Tomato Low Fat, Soy and Skim ♦ 3

ASSORTED BREADS

Muffins, fruit loafs, Danish, croissant and bagels ♦ 5

FRESHLY BREWED COFFEE

Regular or Decaf ♦ 3

BREAKFAST MEATS

Crispy bacon or sausage links ♦ 5

ASSORTED TAZO® TEAS ♦ 4

BERRY AND YOGURT PARFAIT

Layers of seasonal berries, Greek yogurt, organic granola and toasted flax seeds ♦ 5

BEVERAGES

Coke, Diet Coke, Sprite, Root Beer, Coke Zero, lemonade and iced tea ♦ 3

SOUP DU JOUR

Chef's daily selection. Served with crackers ♦ 5

CRAB CAKES

Blue crab cake served with spicy Greek yogurt mojo ♦ 14

FRENCH ONION SOUP

A rich, sweet onion broth ♦ 6

BLACKENED CHICKEN QUESADILLA

Grilled chicken, guacamole, sour cream, pico de gallo and pepper jack cheese ♦ 12

TAGGART'S SPECIALTY

PARMIGIANINO CRISP SALAD

Parmigianino Reggiano crisp with spring mix topped with candied walnuts, gorgonzola cheese and julienned apples. Drizzled with a champagne rosemary vinaigrette and balsamic glaze ♦ 9

CRISP PARMESAN GRILLED CHEESE

Imported Swiss cheese, apple-wood smoked bacon and tomatoes. Served with a cup of creamy tomato soup ♦ 11

TAGGART'S PIMENTO BURGER

Grilled sirloin patty topped with pimento spread, pepper jack cheese, cilantro slaw on a brioche. Served with seasoned or sweet potato fries ♦ 12

HEARTY SANDWICHES & SALADS

MOROCCAN SALAD

Mesclun greens tossed with carrot curls, chick peas, medjool dates, toasted pistachio's and cilantro crowned with grilled salmon flakes ♦ 12

ROMAINE WEDGE WITH ROASTED SALMON

Romaine lettuce and asparagus with a sriracha and low fat Ranch rub. Served with Parmesan crostini and seasoned salmon ♦ 15

CHOPPED GRILLED CHICKEN SALAD

Chopped baby iceberg lettuce, eggs, onions, English cucumber, salami and crumbled gorgonzola cheese. Served with passion fruit vinaigrette ♦ 13

FEISTY BEEF PANINI

Roast beef, tomato, peppers, feisty feta cheese spread. Served with mesclun salad tossed in low fat tomato vinaigrette ♦ 12

SIRLOIN BURGER

Grilled sirloin patty topped with lettuce, tomatoes, onion strings and choice of cheese on a brioche bun. Served with seasoned or sweet potato fries ♦ 12

CHICKEN CAESAR SALAD

Grilled chicken and romain lettuce tossed in a Caesar dressing topped with crispy croutons and parmesan cheese ♦ 13, substitute shrimp ♦ 15

GRILLED PORTOBELLO BURGER

Grilled portobello cap, tomato, goat cheese, arugula and guacamole on a whole grain bun. Served with mesclun salad and low fat tomato vinaigrette ♦ 12

GRILLED CHICKEN BRUSCHETTA

Italian marinated chicken breast, tomatoes, fresh basil, boursin cheese and a spicy pesto ailoi on brioche. Served with seasoned or sweet potato fries ♦ 12

MEDITERRANEAN PASTA

Sundried tomatoes, basil, artichoke hearts, kalamata olives, and mushrooms lightly sautéed in olive oil, garlic and white wine. Finished with crumbled feta cheese and tossed with angel hair noodles ♦ 15

123 WEST CHEESE STEAK

Prime rib shaved, peppers, onions and Provolone cheese. Served on a pretzel roll with seasoned or sweet potato fries ♦ 12

DESSERTS

TAGGART'S BREAD PUDDING

Rich and creamy pudding served in a pool of bourbon cream ♦ 6

CHOCOLATE PEANUT BUTTER EXPLOSION

A stack of rich chocolate torte layered with peanut butter and chocolate ganache ♦ 6

123 WEST TRIO

Tall and slim tiramisu, raspberry mousse with fresh berries in a chocolate cup and meyer lemon bar ♦ 6

GLUTEN FREE CHOCOLATE TORTE

Served with chantilly cream ♦ 6