

BREAKFAST

SEASONS BUFFET

CONTINENTAL | Granola | Cereals | Hot Organic Oatmeal | Assorted Yoghurts | Fresh Fruit Salad
Selection of Pastries | Toast | Preserves | Jams | Smoked Salmon | Cheese Board | Selection of Cold Meats
Selection of Juices & Smoothies | Tea or Coffee

PRICE 21 SUPPL

THE IRISH (Includes Continental) | Selection of Juices & Smoothies | Tea or Coffee

28

HEALTHY START

BIRCHER MUESLI PARFAIT | Toasted Granola | Seeds & Nuts | Low Fat Greek Style Yogurt

9 6.50

ORGANIC OATMEAL | Fresh Berries | Honey | Toast

7.50 5.50

EGG WHITE FRITTATA | Spinach | Cherry Tomato | Garden Herb Ricotta | Veggie Sausages

12.50 8

SEASONAL FRUIT PLATE | Mango Yoghurt | Banana Bread

9 6.50

SMOKED SALMON BAGEL | Cream Cheese | Capers | Red Onion | Lemon

12.50 8

CRACK AN EGG

We proudly use Free Range Irish Eggs

TRADITIONAL | 2 Eggs any style | Sausage & Rasher | Grilled Tomato | Toast

12 7.50

THE BALLSBRIDGE BENEDICT | Irish Gammon | English muffin | Hollandaise

14 10.50

ROYAL BENEDICT | Fruity Brown Bread | Lobster | Tarragon Hollandaise | Sweet Paprika

19 14.50

CHOICE OMELETTE | Ham | Cheddar | Tomato | Onion | Red Pepper | Spinach | Mushroom

14 8.50

SCRAMBLED SALMON | Irish Smoked Salmon | Chives | Toasted Sourdough

15 9.50

SWEET INDULGENCE

LEMON RICOTTA PANCAKES | House Made Blueberry Jam | Canadian Maple Syrup

11 8.50

CINNAMON BRIOCHE FRENCH TOAST | Banana | Crushed Candied Pecans | Maple Butterscotch

11 8.50

A LITTLE EXTRA

SIDES | American Bacon | Irish Rashers | Pork Sausages | Carved Ham | Baked Beans
Veggie Sausages | Black & White Pudding | Smoked Salmon | Broiled Kippers & Lemon
Fresh Seasonal Berries | Selection of Yoghurts | Cheese Selection

6 6

MORNING BREW

Fresh JUICE |
Ruby Grapefruit | Orange

5.00

Juice:
Mango | Pineapple | Cranberry
Apple | Tomato
SMOOTHIE

4.00

6.50

DAILY JUICE

5.00

ESPRESSO

3.00

AMERICANO

4.50

CAPPUCINO | LATTE | MOCHA

4.95

TEA | Black | Oolong | Green
Earl Grey | White | Herbals

4.95

COFFEE | DECAFFEINATED

3.95

MILK | HOT | COLD

2.50

HOT CHOCOLATE

5.75

Marshmallow | Cream | Chocolate Stick

All Prices Are VAT Inclusive

Please inform your order taker of any special dietary requirements, including any food allergens or intolerance that we should be made aware of when preparing your menu request.

If you require further information on the ingredients in our menu items or the steps that we have taken to minimize cross contamination with specific ingredients, please ask us so that we may assist you in making an informed or alternative choice.