

SEASIDE BISTRO



BREAKFAST MENU



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BREAKFAST MENU

start
fresh
#

SPECIALTIES

| | |
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| TRADITIONAL FRENCH TOAST | 7.5 |
| Two slices of thick cut bread battered and grilled to a golden brown. 670 CAL | |
| PANCAKES | 7.5 |
| Griddled pancakes topped with butter and served with warm syrup. 1300 CAL Add blueberries for \$1.00 more! 1350 CAL | |
| BISCUITS AND GRAVY | 7.5 |
| Freshly baked biscuit topped with sausage gravy and served with two eggs cooked to order and choice of meat. 860 CAL | |
| SUNRISE SANDWICH | 8 |
| Two eggs any style, Cheddar cheese and choice of meat on an English muffin, served with breakfast potatoes. 840 CAL | |
| MORNING BREAKFAST BURRITO | 9.5 |
| Two eggs scrambled with onion, peppers, bacon, crisp potatoes and shredded cheese stuffed into a warm flour tortilla. 1280 CAL | |
| WESTERN SKILLET | 9.5 |
| Two eggs any style, grilled ham, onion and peppers combined with breakfast potatoes and topped with shredded Cheddar. 860 CAL | |
| ALL-AMERICAN SKILLET | 10.5 |
| Two eggs any style, breakfast potatoes with bits of bacon, sausage, ham, mushrooms, peppers and onion. 1010 CAL | |
| EGGS BENEDICT | 10.5 |
| A timeless classic of two poached eggs and Canadian bacon atop an English muffin and topped with Hollandaise sauce. 900 CAL | |
| STEAK AND EGGS | 14 |
| A 5 oz. Top Sirloin, cooked to order, with two eggs prepared any style. 930 CAL | |

HOTEL FAVORITES

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| INNJOYABLE BREAKFAST | 8.5 |
| Two eggs any style served with breakfast potatoes, choice of meat and toast. 870 CAL | |
| SLIDER TRIO | 10 |
| One of each bacon-sausage-ham slider, topped with fluffy scrambled eggs and Cheddar cheese served with breakfast potatoes. 1180 CAL | |
| TAILOR MADE 3 EGG OMELET | 9.5 |
| Made with your choice of sausage, ham, bacon, Cheddar cheese, Swiss cheese, peppers, onions, tomatoes, mushrooms, spinach served with breakfast potatoes and toast. 640+ CAL | |
| START FRESH WRAP | 8.5 |
| Egg whites scrambled with mushrooms, spinach, onions, and provolone cheese, wrapped in a whole wheat tortilla and served with breakfast potatoes or fruit. 820 CAL | |
| MALTED MINI WAFFLES | 8 |
| Crispy waffles served with berries, whipped cream and warm syrup. 1010 CAL | |
| BUILD YOUR PERFECT BREAKFAST | 9.5 |
| Choose your eggs, meat and a side. Perfect! 560+ CAL | |

ROOM SERVICE - Dial Extension: 705

18% service charge and applicable sales tax will be added to the price of all items. Delivery charges \$2.00

BREAKFAST SERVED

6:30AM - 10:30AM WEEKDAYS

6:30AM - 11:00AM WEEKENDS

SIDES

| | |
|----------------------------|-----|
| FRUIT 100 CAL | 4 |
| BACON 160 CAL | 4 |
| SAUSAGE 360 CAL | 4 |
| TOAST 120 CAL | 3 |
| BREAKFAST POTATOES 290 CAL | 3.5 |
| YOGURT 150 CAL | 3.5 |
| CEREAL 120 CAL | 4.5 |
| OATMEAL 450 CAL | 5 |

BEVERAGES

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|--------------------------------|-----|
| COFFEE 0 CAL | 2.5 |
| JUICE 110 CAL | 3.0 |
| TEA 0 CAL | 2.5 |
| MILK 80-150 CAL | 2.5 |
| ASSORTED SOFT DRINKS 0-160 CAL | 2.5 |

2,000 calories a day is used for general nutritional advice, but calorie needs vary.
Additional nutrition information available upon request.