



FORCHETTA



DINNER MENU



# FORCHETTA

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*There is great variety in a country of Italy's size; it is about 750 miles from the Alpine peaks of the north to the toe of the "boot". The country also has two large islands, Sicilia and Sardinia.*

*It's changing geography from north to south results in a fascinating profusion of different foods as well as the rich palate of Italian wines.*

*Food in Italy means pure enjoyment, daily celebrated as a feast for the senses, in the company of family or friends, at home or in a good restaurant.*

*- Claudia Piras -*

*Buon Appetite*

## Antipasti - Starters

<b>Antipasto all' Italiana per Due (Serves 2)</b>	€18.95
milano salami, parma ham, mozzarella, smoked salmon, pickled vegetables, olives, focaccia	
<b>Suppli di Riso</b>	€9.00
fried balls of rice with crab & mozzarella cheese, lemon salsa verdi	
<b>Bruschetta al Commodore</b>	€10.50
toasted Italian bread topped with plum tomato, roasted peppers olive oil & basil	
<b>Insalata Caprese</b>	€9.50
heirloom tomato & toonbridge farm mozzarella, extra virgin olive oil & basil leaves	
<b>Insalata verdi di pere, noci e gorgonzola</b>	€10.00
green salad of pear, walnut & gorgonzola cheese	
<b>Capriccio della brossala</b>	€10.00
dry salted beef with extra virgin olive oil, rocket, lemon & parmesan shavings	
<b>Calamari fritti</b>	€10.00
deep fried calamari sauté garlic & olive oil sauce, aubergine chips	
<b>Cozze alla siciliana</b>	€9.50
sauté mussels with balsamic shallots, pancetta & wine	

## Zuppe - Soup

<b>Cacciucco Tuscan Seafood Stew</b>	€8.50
mussels, prawns, white fish seasonal vegetables & white beans	
<b>Zuppa di Minestrone</b>	€7.00
diced seasonal vegetables, pasta & herbs, tomato based soup	

## Primi- Pasta

Full Portion

<b>Penne all' Arrabiata</b> tomato & basil sauce, crushed chilli, garlic, extra virgin olive oil	€12.00
<b>Spaghetti alla Carbonara</b> spaghetti with italian style carbonara, pancetta, white wine, eggs, parmesan cheese	€14.00
<b>Pappardelle Piccanti</b> chorizo sausages, smoked garlic, red chilli & corrainder cream	€14.00
<b>Linguine ai Frutti Di Mare</b> clams, mussels, tiger prawns, sword fish, garlic, chilli, white wine & tomato sauce	€14.00
<b>Gnocchi Con Porcini e Pomodoni Secchi</b> gnocchi pasta with porcini mushrooms, sundried tomatoes sauce	€14.00

## Secondi - Main Course

Carne-Meat (All steaks are chargrilled)

<b>Bistecca Con l'osso</b> bone in rib eye steak (14oz - 396g)	€29.95
<b>Bistecca Di Manzo</b> sirloin steak (8oz - 226g)	€24.95
<b>Filetto</b> Fillet Steak (8oz - 207g)	€26.95
<b>Filetto Di Carne e Gamberi-Surf &amp; Turf</b> beef fillet (5oz-141g) & fried garlic tiger prawns	€25.95

All of the above steaks served with chips & roast seasonal vegetables served with a choice of one sauce: green pepper & brandy cream, tomato & garlic butter, mushroom white wine bacon cream

Agnello Arrosto Delle Colline Di Kerry €21.00  
pan roast chump of Kerry hill lamb, celeriac puree, pickled  
beetroot & thyme jus

Filetto Di Maiale Avvolto €19.00  
grilled pork fillet rocket, pea shoot, warm potato salad  
& red pepper sauce

Supreme Dipollo Con Formaggio Di Capra €16.50  
supreme of chicken stuffed with goats cheese & sage,  
rosemary & sundried tomato ragu

Osso Buco €23.00  
braised veal shank, tomato, herbs, saffron risotto & parmesan

## Pesce - Fish

Salmone avvolto in prosciutto €18.50  
di parma frutti di mare  
grilled salmon wrapped in parma ham in garlic butter  
& shellfish sauce

Pesce spada alla griglia €19.00  
grilled sword fish, aubergine & pinenut compota, tomato butter

Lento cotto merluzzo €18.00  
cod with potatoes, black olives, fried anchovies & olive oil

Risotto al Gamberetti €17.00  
prawn risotto

## Contorni - Side Orders

Insalata Mista €4.00  
mixed side salad

Verdure al Forno €4.00  
roast seasonal vegetables

Ruola €4.00  
rocket & parmesan salad

Patatine Fritte €4.00  
chips with aged balsamic vinegar & sea salt on side

Patate Arrosto Rosmarino e Aglio €4.00  
rosemary & garlic roasted potatoes

# Pizza

<b>Romana</b> black olives, anchovies & capers, tomato sauce & buffalo mozzarella	€12.95
<b>Ai Funghi</b> portobello & oyster mushrooms, tomato sauce & mozzarella	€12.95
<b>Sorrentina</b> Italian salami, tomato sauce, caramelised red onion, goat's cheese & sundried tomatoes	€13.50
<b>Amalfi</b> garlic prawns, tomato sauce, fresh chilli & coriander, olive oil	€13.95
<b>Calzone</b> spinach & ricotta, crisp pancetta, mushroom, tomato sauce – folded pizza	€13.95
<b>Taormina</b> buffalo mozzarella cheese, cherry tomatoes, rocket leaves, parma ham, shaved parmesan & olive oil	€13.95
<b>Calabrese</b> smoked chicken, chorizo, tomato sauce, mozzarella & crumbled feta, rosemary oil	€11.50
<b>Corleone</b> tomato sauce, onions, fresh tomato, tuna & artichokes	€13.95





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[www.cpblanchardstown.ie](http://www.cpblanchardstown.ie)  
T: +353 1 897 7777