

MENU LA GALERIA



CROWNE PLAZA®
PANAMA

ALMUERZO Y CENA LUNCH AND DINNER

ENTRADAS - ENTREES

ENSALADA CAESAR TRADICIONAL
TRADITIONAL CAESAR SALAD \$9.00

Clásica Ensalada compuesta de Lechuga Romana y crotones, con queso parmesano y su salsa única
A Classic Romaine Lettuce, croutons dressed with parmesan cheese and its unique sauce

Con Langostinos - With Shrimps \$13.50

Con Pollo a la Parrilla - With grilled chicken \$11.50

ENSALADA JARDIN - GARDEN SALAD
(HEALTHY CHOICE) \$7.50

Mezcla de lechugas mixtas y vegetales con vinagreta de finas hierbas

Lettuce and vegetables mezclum with fine herbs vinaigrette

ENSALADA DE FRUTAS TROPICALES
TROPICAL FRUITS SALAD (HEALTHY CHOICE) \$7.50

Combinación de frutas servidas con yogurt y miel
Fruits Mixed served with honey and yogurt

CEVICHEs (HEALTHY CHOICE)

De - Types

Corvina - Sea Bass \$7.00

Camarones, Pulpo - Shrimp, Octopus \$8.00

Mixto - Mixed \$8.50

COCTEL DE LANGOSTINOS
PRAWNS COCKTAIL \$13.50

Frescos Langostinos traídos de la Isla de las Perlas, acompañados con Salsa Calipso.

Fresh Prawns brought from the Pearl Islands accompanied with Calypso sauce

SOPAS - SOUPS

SANCOCHO PANAMEÑO \$6.00

Tradicional sopa de Panamá, caldo de pollo, ñame, cilantro. Servido con arroz

Traditional Panamanian soup, chicken broth, yam, coriander. Served with rice

SOPA DE MARISCOS - SEAFOOD SOUP \$7.00

Una rica combinación de Mariscos mixtos del Caribe
A delightful combination of Caribbean Seafood

SOPA DEL DÍA - SOUP \$6.00

Son nuestra especialidad. Disfrútela todos los días

Our specialty. Enjoy it every day

PLATOS FUERTES - MAIN DISHES

US NEW YORK STEAK A LA PARRILLA \$27.00

US GRILLED NEW YORK STEAK

PULPO A LA BRASA - GRILLED OCTOPUS \$15.00

Cocido y Asado a la Parrilla con julianas de cebolla y pimentón caramelizado.

Acompañado de papas al vapor y aceite de oliva

Cooked and roasted with caramelized onions and green peppers. Served with steamed potatoes and olive oil

SALMON FRESCO A LA PARRILLA \$17.50

FRESH GRILLED SALMON (HEALTHY CHOICE)

Servido con Mantequilla de Limón

Served with Lemon Butter

MADRAS CURRY - MADRAS CURRY

De la India. Con Arroz Basmati

From India. Served with Basmati Rice

De Pollo o Carne - Chicken or Beef \$14.00

Langostinos - Shrimps \$16.00

Vegetarian - Vegetarian \$10.00

LANGOSTINOS JUMBO AL GUSTO \$17.00

JUMBO PRAWNS TO TASTE

(HEALTHY CHOICE)

Estilos: apanados, Teriyaki, Cajún, a la parrilla o al ajillo

Styles: Breaded, Teriyaki, Cajun, Grilled or in

Garlic Sauce

MAR Y TIERRA "LA GALERIA"

SURF AND TURF "LA GALERIA" \$17.50

Combinación de Filete de Res y Langostinos a la Parrilla

A combination of Grilled Steak and Shrimp

FILETE DE CORVINA AL GUSTO \$14.50

SEA BASS TO TASTE (HEALTHY CHOICE)

Estilos: A la Parrilla o al Ajillo

Style: Grilled or In Garlic Sauce

POLLO AL GUSTO

CHICKEN TO TASTE (HEALTHY CHOICE) \$12.50

A su gusto: a la Parrilla, a la Plancha, a la Naranja o a la Florentina

As you wish: Chargrilled, Grilled, a la Orange or Florentine style.

Todos estos platos van acompañados con Vegetales.

Complemento adicional de Arroz, Papa al Horno,

Francesa o Puré

All these dishes are served with Vegetables salad.

Additional orders: Rice, Baked or Mashed Potatoes or French Fries

Impuesto y servicio no incluidos

Tax and service not included

SELECCIONE SU PASTA Y SALSA FAVORITA

YOUR FAVORITE PASTA WITH THE SAUCE
OF YOUR CHOICE

FETTUCCINI, FARFALLE O SPAGUETTI

Elija su salsa favorita - your choice of favorite sauces

SALSAS - SAUCES

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| Pomodoro, Bolognesa, Alfredo, Carbonara o al Pesto | \$12.00 |
| Frutti de Mare Acompañada de Pan de Ajo Served with Garlic Bread | \$14.00 |

EMPAREDADOS - SANDWICHES

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| CLUB SANDWICH "CROWNE" "CROWNE" CLUB SANDWICH Con Huevo, Tocino, Jamón, Pavo, Queso Mozzarella, Lechuga y Tomates. With Egg, Bacon, Ham, Turkey, Mozzarella, Lettuce and Tomatoes | \$9.50 |
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| SANDWICH TOSCANO TUSCAN SANDWICH Pechuga de Pollo a la Parrilla con Jamón Serrano y Queso Provolone Grilled Chicken Breast with Spain's Serrano Ham and Provolone Cheese | \$9.50 |
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| BALBOA SANDWICH Rodajas de Lomo Fino Salteado con Cebolla y Champiñones, Servido en Pan Baguette Fine slices of Beef, sautéed with Onions and Mushrooms served in Baguette Bread | \$9.50 |
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| 100% HAMBURGUESA DE RES ANGUS 100% ANGUS BEEF BURGER Con Queso Suizo, Hongos Salteados, Cebollas, Tomate y Lechuga Swiss Cheese, sautéed Mushrooms, Onions, Tomatoes and Lettuce | \$9.50 |
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Acompañados con Papas Fritas, Patacones, Anillos de
Cebolla o Ensalada de Jardín
Accompanied with French Fries, Fried Plantains,
Onion Rings or Garden Salad

POSTRES - DESSERTS

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| FLAN DE CAMELO CON COCO COCONUT CARAMEL CUSTARD | \$5.00 |
| CHEESE CAKE DE FRESA STRAWBERRY CHEESECAKE | \$5.00 |
| PASTEL DE CHOCOLATE CHOCOLATE CAKE | \$5.00 |
| FRUTAS TROPICALES TROPICAL FRUITS (HEALTHY CHOICE) | \$5.00 |

BEBIDAS - BEVERAGES

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| Sodas - Soft Drinks | \$2.50 |
| Jugos - Juices | \$2.50 |
| Cervezas Nacionales - Domestic Beers | \$3.50 |
| Cerveza Importada - Imported Beer | \$4.50 |
| Café regular o descafeinado, té, leche o chocolate Regular or decaffeinated coffee, tea, milk or hot chocolate. | \$2.00 |
| Agua Embotellada - Bottled Water | \$3.00 |
| Agua Perrier - Perrier Water | \$5.00 |
| Copa de Vino - Glass of Wine | \$7.00 |

MENÚ DE NIÑOS - CHILDREN'S MENU

MENORES DE 12 AÑOS - UNDER 12 YEARS

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| Mini pancakes con miel maple Mini pancakes with maple syrup | \$4.00 |
| Sopa de pollo acompañada con arroz Chicken soup with rice | \$4.00 |
| Derretido de queso acompañado de papas fritas. Grilled cheese sandwich with french fries | \$5.00 |
| Mini hamburguesa con queso y papas fritas Mini Hamburger with cheese and french fries | \$6.00 |
| Deditos de pollo acompañados con papas fritas Chicken fingers with french fries | \$5.00 |
| Farfalle bolognesa con pan de ajo y queso parmesano Bolognesa Farfalle with garlic bread and parmesan cheese | \$6.00 |
| Flan de Caramelo con Coco Coconut Caramel Custard | \$3.00 |
| Helado (Fresa, Chocolate o Vainilla) Ice Cream (Strawberry, Chocolate and Vanilla) | \$3.00 |

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