

# 开胃菜

## TO BEGIN

热盘炙煎鹅肝 Pan Seared Foie Gras 味噌酱 / 磨制芥末 / 菠菜泥 Miso Paste / Horseradish / Sautéed Spinach / Brioche	178
海洋沙拉   Aqua Salad 鲜虾 / 扇贝 / 海贝 / 鱿鱼 / 粉丝 / 辣椒 / 青柠汁 / 鱼露 Shrimps / Scallops / Mussels / Squid / Vermicelli / Chilis / Hainan Lime / Fish Sauce	148
田园蔬菜沙拉  Garden Salad 混合生菜 / 蕃茄 / 芦笋 / 青瓜 / 樱桃萝卜 / 油醋汁 Mixed Garden Greens / Tomatoes / Asparagus / Cucumber / Baby Radish / Balsamic Vinaigrette	98
香煎蟹饼 Crab Cakes 番茄酱 / 柠檬蒜蓉蛋黄酱 / 黑橄榄 Tomato Fondue / Lemon Aioli / Black Olives	168
生鱼片拼盘 Sashimi Platter 黄鳍金枪鱼 / 三文鱼 / 北极贝 / 鲷鱼 / 芥末 / 酱油 Yellow Fin Tuna / Salmon / Surf Clam / Butter Fish / Wasabi / Soy Sauce	178
鞑靼牛排 Australian Beef Steak 'Tartare' 新鲜生切澳大利亚谷饲生牛肉 / 洋葱 / 水瓜柳 / 香草 / 橄榄油 / 蛋黄 / 脆面包 Diced Row Beef / Onions / Capers / Herbs / Olive Oil / Egg Yolk / Crispy Bread	288
温海鲜挞 Warm Seafood Tart 扇贝 / 烟熏三文鱼 / 蟹肉 / 虾 / 洲际田园香草 Scallops / Smoked Salmon / Crab / Shrimps / IC-Garden Herbs	148

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Dishes indicated with:  
菜品中符号含义:

 Vegetarian  
素食

 Light Option  
健康之选

 Gluten-free option  
不含面粉

 Chef Recommends  
厨师推荐

 Halal Option  
清真

(A) Contains Alcohol 含酒精 (P) Contains Pork 含猪肉 (N) Contains Nuts 含果仁

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# 汤

## LIQUIDS

冬阴功汤 * Tom Yam Goong 享有名气的大虾酸辣汤 / 蘑菇 / 香茅 / 香菜 / 南姜 Prawns Broth / Mushrooms / Lemon Grass / Coriander / Galangal	88
海南鲜鱼汤 □ Hainan Seafood Bisque 海鲈鱼 / 鲷鱼 / 蒜蓉面包 / 藏红花番茄蛋黄酱 Sea Bass / Snapper / Garlic Bread / Rouille	98
芦笋奶油汤 Asparagus Veloute 牛肝菌 / 洲际田园香草 / 番茄元素 Porcini Mushrooms / Ic-Garden Herbs / Tomato Essence	78
牛肉清汤 (A) † Beef Consommé (A) 平菇 / 香煎带子 / 波特酒 Oyster Mushrooms / Pan Fried Scallops / Port Wine	98

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## 其它美味

### MORE DISCOVERY

意大利菠菜面 	138
Pappardelle 自制菠菜宽面 / 烤芦笋 / 蔬菜 / 嫩白煮蛋 Home Made Pappardelle / Roasted Asparagus / Wild Rocket / Soft Poached Egg	
海螯虾宽面 	188
Scampi Fettucine 蒜味 / 茼蒿 / 橄榄油 Garlic / Chinese Rocket Leaves / Olive Oil	
意大利饺子	178
Sea Urchin Ravioli 野生芝麻菜紫苏酱 Wild Rocked Pesto	

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# 从扒类开始 FROM THE GRILL

## 海鲜 THE OCEAN

海南龙虾 * †	788
Hainnan Lobster - 500g / 克	
小龙虾	588
Baby Lobster - 350g / 克	
香茅大虎虾	448
Lemongrass King Prawn - 350g / 克	
海鲜串 *	298
Seafood Skewer - 6pcs / 串	
三文鱼	218
Scottish Salmon - 250g / 克	
烤鲜鱿	208
Squid - 250g / 克	
鳕鱼	208
Atlantic Cod Fish - 200g / 克	

所有海鲜类均含以下配菜并可选择指定的一样小菜及汁酱  
All Aqua Grilled Fish & Seafood Dishes are served with the following  
Signature Garnish and one side dish and Sauce off your choice

焗茴香配油浸小番茄  
Braised Fennel Tower with Cherry Tomatoes Confit

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## 扒类 THE LAND

澳大利亚和牛肉眼 Australian Wagyu Rib Eye - 350g / 克	498
澳大利亚和牛里脊 Australian Wagyu Beef Tenderloin - 250g / 克	568
澳大利亚和牛西冷 Australian Wagyu Beef Sirloin - 300g / 克	478
澳大利亚烤牛排骨 * Australian Beef Ribs (2 Person 两人份) - 800g / 900g / 克	1088
女士专属澳大利亚和牛里脊 'Ladies Cut' Australian Wagyu Beef Tenderloin - 150g / 克	288
泰式烤鸡胸 Thai Flavored Chicken Breast - 250g / 克	208
羊扒 Australian Lamb Cutlets - 350g / 克	298
小牛肉排 * Australian Veal Cutlet - 350g / 克	428

所有肉类均含以下配菜并可选择指定的一样小菜及汁酱

All Aqua Grilled Meat Dishes are served with the following Signature Garnish and one side dish and Sauce off your choice

烤番茄炖菜培根芝士片

Baked Tomato stuffed with Ratatouille / Parmesan Crisp and Bacon Chip

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# 牛扒烹饪

## Beef Cooked Like

生牛排 Rare	45° - 50°	中间是鲜红的，外部显粉红色 center is bright red, pinkish toward the exterior portion
三分熟 Medium Rare	55° - 60°	中间是全粉的，外部显微褐色 center is very pink, slightly brown toward the exterior portion
五分熟 Medium	60° - 65°	中间是淡粉色的，外侧部分是棕色 center is light pink, outer portion is brown
七分熟 Medium Well	65° - 70°	不带粉色 not pink
全熟 Well Done	70°	整个牛排是均匀褐 steak is uniformly brown throughout

额外的配菜  
For Additional Side Dish

58

额外的汁酱  
For Additional Sauce

38

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## 配菜 SIDES

绿色小炒  
Green Wok  
西兰花 / 芦笋 / 蜜豆 / 芥兰  
Broccoli / Asparagus / Sweet Peas / Kalia

炒海南四角豆  
Sauteed Hainan Four Angle Beans  
蒜茸 / 洋葱  
Garlic / Onions

脆炸薯条  
Crunchy Fries  
海盐 / 法香  
Rock Salt / Parsley

松露土豆泥  
Truffle Mashed Potato  
土豆泥 / 黄油 / 淡奶油 / 松露  
Potatoes / Butter / Cream / Chives / Truffle

茄汁通心粉  
Penne With Tomato Sauce  
鱿鱼 / 带子 / 洋葱 / 番茄 / 西兰花  
Squid / Scallops / Onions / Tomatoes / Broccoli

海鲜炒河粉 (N)  
Stir-Fried Egg Noodles (N)  
虾仁 / 洋葱 / 银牙  
Prawns / Onions / Beans Sprouts

## 汁酱 SAUCES

肉类汁酱  
Land Sauce

黄油蛋黄酱  
Béarnaise

蘑菇汁  
Wild Mushrooms

烧烤汁  
Barbecue Sauce

黑椒汁  
Hainan Black Pepper Sauce

海鲜汁酱  
Seafood Sauce

荷兰汁  
Hollandaise

三亚沙沙  
Sanya Salsa

香草黄油  
Lemon Herb Butter

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## 餐前餐后

### BEFORE AND / OR AFTER

洲际奶酪精选 / 无花果酱 / 坚果 / 脆片 158  
International Cheese Selection / Fig Chutney / Nuts / Crispy Slice

## 甜品

### DESSERT

歌剧蛋糕 (N) 78  
Opera Cake (N)  
绿茶 / 梅子果酱  
Green Tea / Berries Compote

焦糖炖蛋 (N)  78  
Crème Brûlée (N)  
椰子 / 开心果面包棍  
Coconut / Pistachio Stick

巧克力蛋糕 (A) 78  
Chocolate Cake (A)  
松露 / 香草冰激淋  
Truffle Cake / Vanilla Ice Cream

西米布丁 \* 78  
Chilled Sago  
蜜瓜 / 椰奶  
Melon / Coconut Cream

冰激淋 (3 个球) 68  
Ice Cream (3 Scoops)  
香草 / 巧克力 / 草莓 / 芒果  
Vanilla / Chocolate / Strawberry / Mango

热带水果拼盘  68  
Tropical Fresh Fruit Platter  
时令切片水果  
Seasonal Sliced Fruits

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