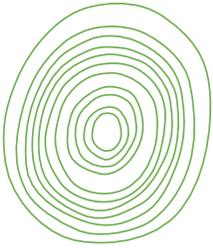


"> (02) 4384 9143



endota spa terrigal treatment menu

endota spa terrigal

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facials	duration	price	sun & p/hols
<p>organic infusion</p> <p>Our signature facial created to deliver relaxing results. Certified organic skincare, containing powerful botanicals and antioxidants is infused using jade rollers to give you a clear complexion and restore calm. Skin is nourished. Mind is nurtured.</p>	50 min	\$120	\$135
<p>organic express</p> <p>A flash facial using endota spa Organics™ skincare to give skin a burst of hydration.</p>	30 min	\$80	\$90
<p>intense radiance</p> <p>The perfect combination of exfoliation and cell regeneration. A Glycolic Peel (15%) will refresh and smooth skin, before a deeply hydrating mask is applied. Light Therapy (LED) will then stimulate collagen and elastin production for noticeable results. Skin feels renewed and looks radiant.</p>	45 min	\$130	\$145
<p>new age light therapy</p> <p>This clinically tested high performance facial uses the latest technology to deliver collagen stimulating, anti-ageing results. Light Therapy (LED) deeply hydrates and stimulates cell regeneration by boosting collagen and elastin production. endota spa's New Age™ collagen is then infused to further plump and tone skin. This skin renewal treatment helps to reduce fine lines and wrinkles, and provides a defence against the ageing process. Skin looks instantly rejuvenated, smooth and more youthful.</p>	60 min	\$165	\$180
<p>hydro-microdermabrasion</p> <p>Restore and strengthen skin with this deeply exfoliating treatment. Hydro-microdermabrasion's diamond tip resurfaces the skin to exfoliate deeply, removing spent skin cells and brightening the complexion. A customised solution is infused to treat specific skin conditions including; ageing, pigmentation or congestion. Skin is clear, smooth and luminous. *This treatment will be tailored to your specific skin concerns.</p>	50 min	\$140	\$155
<p>dermalogica skin</p> <p>A tailored treatment using Dermalogica's skincare to deeply clean and nourish. Improves skin tone and hydration.</p>	50 min	\$125	\$140
<p>dermalogica active</p> <p>A targeted facial to support corrective results for pigmentation, acne and ageing. This facial includes Dermalogica's high performance skincare ranges to promote firm, nourished, soothed and clear skin. Delivers corrective results.</p>	60 min	\$145	\$160
<p>intense new age</p> <p>This powerhouse facial delivers four treatments in one. An advanced Glycolic Peel (25%) will help to even skin's texture and Hydro-microdermabrasion intensely resurfaces and targets specific skin conditions. Clinically tested Light Therapy (LED) will deeply penetrate and actively promote cell renewal. endota spa's New Ager™ skincare is applied to support collagen and elastin production. Skin is restored and transformed.</p>	75 min	\$230	\$250
<p>hydropeptide</p> <p>Highly active proteins for luminous results. Powerful peptides work at a cellular level to increase hydration, reduce fine lines and improve skin texture and tone. This performance facial is targeted to address</p>	60 min	\$165	\$180

individuals skin concerns including targeting wrinkles, correcting discolouration or reducing congestion. Reveal fresh, glowing skin.

dermalogica biosurface peel™	45 min	\$150	\$165
An intense resurfacing treatment to smooth and rejuvenate skin.			

facial treatment programs*

	duration	price	sun & p/hols
power series & power programs*			-
*Please note: To customise a Power Series or Power Program to suit your skin needs, we recommend a consultation with your endota spa therapist. Please call our spa to book.			
light therapy (led) power series	4 x 30 min	\$290	-
A targeted system to deeply penetrate cells and promote regeneration.			
hydro-microdermabrasion power series	4 x 30 min	\$270	-
A targeted system to resurface, hydrate and brighten skin.			
glycolic peel (15-25%) power series	4 x 30 min	\$250	-
A targeted system to refine skin texture. Cannot be booked online.			
radiance power program	3 x treatments	\$415	-
This customised treatment plan includes 1 of each Organic Infusion, Intense Radiance and New Age Light Therapy facials.			
replenish power program	3 x treatments	\$435	-
This customised treatment plan includes 1 of each of Intense Radiance, Hydro-microdermabrasion and New Age Light Therapy facials.			
restore power program	3 x treatments	\$535	-
This customised treatment plan includes 1 of each of Glycolic peel (25%) + Hydro-microdermabrasion, New Age Light Therapy and Intense New Age facials.			

spa packages

	duration	price	sun & p/hols
surrender Surrender and let go completely while your skin is nourished and a sense of peace is restored. Bring balance to your body and mind with this nurturing, aromatic experience. This treatment combines elements of our Organic Infusion Facial and Organic Relax Massage. Immerse yourself in stillness and leave feeling uplifted.	75 min	\$155	\$170
detox Purify, tone and heal with this invigorating body treatment. Dry body brushing is used to stimulate circulation, before a warm clay cocoon is applied to draw out toxins. To complete this treatment your body is nourished with a rich and deeply moisturising body lotion leaving skin rejuvenated. Walk out feeling inspired to make more time for yourself.	60 min	\$140	\$155
pregnant pause The ultimate time out for women in their second and third trimester. Relax with a footbath, lower leg and calf massage before enjoying some well-deserved quiet and calm. Feel stress melt away with a scalp, neck and shoulder massage, followed by a nourishing facial. Leave feeling nurtured, in a state of relaxation.	75 min	\$155	\$165
revive This reviving body experience combines a relaxing massage and nourishing facial, coupled with a foot massage, nail care and polish. A revitalising experience from head to toe.	90 min	\$200	\$220
grounding Restore with this intensive foot therapy. A warm exfoliating foot soak and grounding massage will soothe away tension. A restorative mask refreshes and revitalises tired aching feet followed by a full pedicure. This is the ultimate foot renewal treatment.	60 min	\$100	\$110
rejuvenate This detoxifying treatment will cleanse, de-stress and refresh your entire body. Incorporating a gentle body scrub, warm oil cocoon with a relaxing massage and nourishing facial. A total body relaxation treatment with glowing results.	120 min	\$280	\$310
immerse The ultimate replenishment. Experience a full body exfoliation and warm oil cocoon wrap to rehydrate and smooth. Our signature Organic Relax Massage and Organic Infusion Facial treatments will nurture and nourish. A soothing footbath and a revitalising warm stone leg massage prepares you for nail care and polish. Switch off. Immerse. Transcend.	225 min	\$450	\$500
couples indulgence Footbath, elements of organic infusion facial, organic relax massage.	120 min (pp)	\$240 pp	\$265 pp
girls day out 120 mins. Please contact our spa for assistance. Cost per person (pp).	120 min (pp)	\$240 pp	\$265 pp
vichy shower	30 min	\$40	\$45

massage	duration	price	sun & p/hols
organic relax Feel stress melt away with this nurturing massage designed to induce full body relaxation. Calm a busy mind and relax with the use of essential oils and warm jade stones to help centre and ground you. Leave feeling recharged and empowered.	60 min	\$120	\$135
deep recovery Restore balance with this treatment designed to work into the muscles and release tension. A warm jade stone will ground you throughout, as your Therapist focuses on areas of muscle tension, instilling a deep sense of calm and balance. Experience the stimulating effects of arnica, peppermint and clove with our Organics Recovery Scrub and Balm on your back. Body feels tension-free and balanced.	60 min	\$120	\$135
remedial Your qualified Remedial Therapist will assess your needs and tailor this massage to address muscle tightness and pain. A treatment plan will support injury management, improve posture and promote healing. This is also ideal for those that prefer a deep pressure massage. Muscle aches and pains feel eased.	50 min	\$120	\$135
soothing stones Soothing warm stones gently help to release pressure and tension from the body, restoring energy and vitality to your whole being. A massage to leave you feeling centred.	80 min	\$170	\$185
relax express For those short on time, this massage is designed to help ease tight muscles through the neck, shoulders and upper back. The perfect express pick-me-up.	30 min	\$75	\$85
pregnancy Nourish your body and relax your mind with this tension relieving massage designed specifically for pregnant women in their second and third trimester. Your qualified pregnancy practitioner will customise this treatment to your needs. Leave in a state of deep relaxation.	60 min	\$140	\$155
customised relaxation Your Therapist will tailor this Relaxation Massage to meet your specific needs.	60 min	\$130	\$145

hands + feet	duration	price	sun & p/hols
express polish	30 min	\$55	\$60
manicure or pedicure	45 min	\$65	\$70
deluxe manicure	60 min	\$90	\$100

tinting	duration	price	sun & p/hols
lash tint		\$25	\$30
brow tint		\$25	\$30
lash + brow tint		\$35	\$45
lash + brow tint + brow wax		\$50	\$55

tanning	duration	price	sun & p/hols
full body organic spray tan		\$45	\$50
full body organic spray tan with exfoliation Full body Organic spray tan with exfoliation		\$60	\$65

waxing	duration	price	sun & p/hols
half leg		\$35	-
full leg		\$55	-
half arm		\$30	-
full arm		\$40	-
underarm		\$20	-
chin		\$15	-
face side		\$25	-
eyebrow		\$25	-
bikini		\$30	-
g-string		\$40	-
brazilian		\$60	-
lip + brow		\$35	-
upper lip		\$15	-
stomach		from \$40	-
chest		from \$50	-
back		from \$50	-